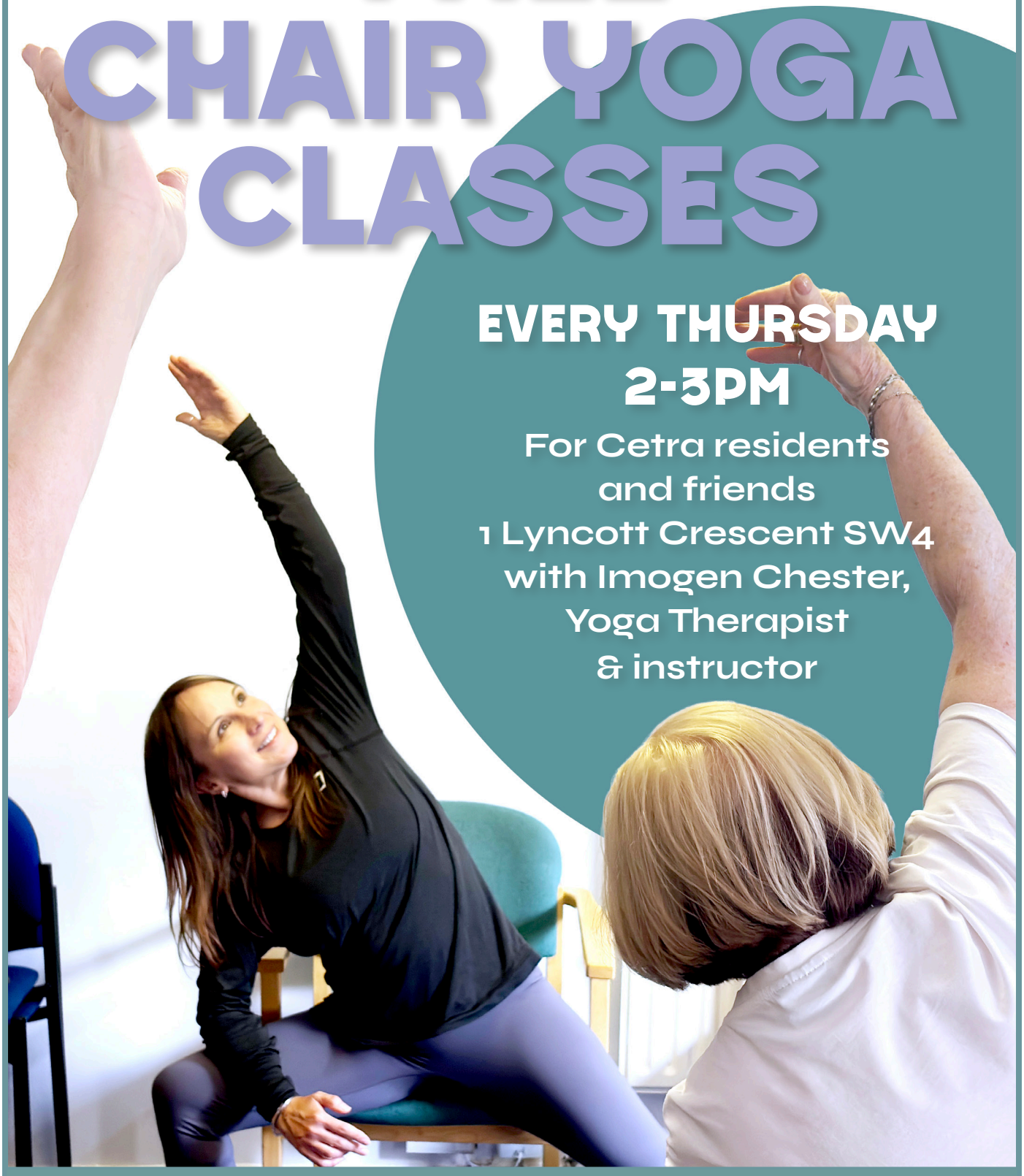
Imogen C Yoga

FREE CHAIR YOGA CLASSES

CETRA
Housing Co-operative limited



EVERY THURSDAY 2-3PM

For Cetra residents
and friends
1 Lyncott Crescent SW4
with Imogen Chester,
Yoga Therapist
& instructor

No prior experience needed, no need to register.
For more information contact Imogen
via imogenchester.com